

## **Centerstone: Summary of Forensic Programing**

### **Centerstone of Indiana**

In every county that Centerstone serves, staff and management collaborate with problem solving courts, probation, jails, criminal and civil courts, and other criminal just entities to provide comprehensive services to all clients. There are a just a couple of the programs Centerstone is involved in:

#### **Providing Opportunities for Parental Success (POPS)-ACF Fatherhood Grant**

Centerstone provides the POPS program in Bartholomew, Brown, Lawrence, Morgan, Monroe, and Owen counties for men who are biological fathers, adoptive fathers, step-fathers, and expecting fathers. The target population is young fathers, ages 16-24, who are at-risk such as men involved in the criminal justice system, TANF-eligible, or low income. The objective of this program is to strength positive father-child engagement, improve employment and economic mobility opportunities, and improve healthy relationships/marriage for focus area fathers. Centerstone staff partners with probation officers, jail staff, Department of Child Services, WorkOne, Red Oak, Broadview Learning Center, Problem Solving/Alternative Courts, Child Support courts, Housing Authority, Shalom Community Center, St. Vincent De Paul, Salvation Army, and various other community agencies and programs to resource to ensure comprehensive services to address participant needs as well as empower fathers to achieve their employment goals one step at a time. The Centerstone POPS team has been specially trained to assist fathers in the program in the areas of Family Wellness, Employment, and Building Recovery Capital. Fathers attend our Healthy Families Workshop implements a well-established family education and family enrichment model for teaching skills, enhancing healthy family interactions, and connecting family members to each other and to their community. The curriculum is listed in SAMHSA's national Registry of Evidence-Based Programs and Practices as a Best Practices program. The POPS teams utilizes a Supported Employment & Personal Skills (STEPS) workshop, on-of-a-kind curriculum that provides group support and information that will promote job success. The Healthy Families and STEPS workshops are provided in the community as well as in the Bartholomew, Lawrence, and Morgan county jails. To learn more or make a referral, visit [Centerstone.org/POPS](http://Centerstone.org/POPS).

#### **Recovery Works 90-Day Re-Entry Program-Department of Mental Health and Addictions**

Centerstone is privileged to be chosen by the Department of Mental Health and Addictions to pilot the Recovery Works 90-Day Re-Entry Program in Bartholomew, Lawrence, and Monroe County jails and community. The purpose of the 90-Day Re-Entry Program is to reduce risk of resuming substance use, decrease recidivism, increase overall engagement/treatment completion, and increase life skills (employment, handling emotions, developing and utilizing a support system in the community, ability to manage reentering the community with more coping skills in place, etc.). Participants of the program must qualify for Recovery Works-18 years old or older; Past, current, or pending felony; and substance or co-occurring disorder. Participant target population are individuals with Moderate/High Risk Score on the Indiana Risk Assessment System (IRAS) and a Level of Need of 3 or higher on the Adult Needs Strength Assessment (ANSA). The programming will be provided to the participants 90 days prior to release from jail and 90 days after being released from jail. The in-jail portion of the program will focus on reentry preparation utilizing all evidence based curriculum which include Hazelton Relapse Prevention Program, TCU Mapping You're your Reentry Plan: Heading Home, Hazelton Life Skills Workbook for Criminal Justice Settings, TCU Getting Motivated to Change, Anger Management for Substance Abuse and Mental Health Clients (SAMSAH), Recovery Journal, and Mindfulness and the 12 Steps. The goal is to provide a therapeutic community in the jails for the participants in this program. Prior to being released from jail, the participants will have an individualized reentry plan which includes post release services. These services can include but is not limited to: Moral Reconation Therapy, Twelve Step Facilitation/Aftercare, Living in Balance, Individualized therapy, Recovery/Employment Coach, Eye Movement Desensitization and Reprocessing (EMDR), Dialectical Behavior

Therapy (DBT), and Care Coordination. Centerstone is currently partnering with sheriffs, jail commanders, probation departments, community corrections departments, prosecutor offices, public defender offices, and judges in each of these counties to navigate the county processes, develop an individualized program, and address county specific logistical barriers to initiate these pilot programs in each of these counties. All three of these pilots will be up and running in the beginning of April 2017.