

# Ed de St. Aubin, PhD

Psychology, Marquette University

Ed.destaubin@marquette.edu

[http://www.marquette.edu/psyc/facstaff\\_destaubin.shtml](http://www.marquette.edu/psyc/facstaff_destaubin.shtml)



**Three areas** connect me to

*Course Corrections: Milwaukee Summit on  
Mental Health and Criminal Justice*

Sponsor: Equitas

Host: Medical College of Wisconsin; October 11, 2017

- 1) Non-Profit Activities
- 2) Incarceration and Redemption  
Internship Director
- 3) Research



# Non-Profit Activities

- Project Return\*\*
- Self-Help of Wisconsin
- EXPO
- Table of the Saints



# PROJECT RETURN

Executive Director: Wendel Hruska

<http://www.projectreturnmilwaukee.org/>

## ■ THE NEED

- Over 23,000 incarcerated individuals in Wisconsin
- Approximately 2,500 return to Milwaukee each year
- Limited resources and plenty of obstacles

## ■ THE MISSION

- Since 1980, helping ex-offenders return to Milwaukee and empowering them to become responsible citizens

## ■ SOME ACCOMPLISHMENTS

- Worked with 1,012 ex-offenders in 2016
- Obtained stable housing for 132 people
- Placed 118 people into jobs averaging \$12.05 per hour
- Run groups for support, networking, information
- Counsel 93 clients in our AODA program



# Incarceration and Redemption Internship Director

- Marquette Advanced Undergraduates
- 4 Project Return; 1 Table of the Saints; 1 EXPO
- Full academic year
- Each matched with mentor/supervisor
- Developmental sequence to responsibilities
- Reciprocal benefits to student and agency
- Substantial involvement of Director
- Triangular flow of student experience
  - > Field Work > Science Integration > Personal Reflection >
- Demonstrated Success



# Next Research Endeavor:

## **Stress and Resilience in the Lives of Milwaukee Black Women**

- Will include the impact of incarceration – one’s own as well as that of others within one’s familial/social circle
- Stratified sampling by SES, age, and sexual orientation so as to be able to authentically capture intersectionality
- Three-pronged approach, collecting data that is physiological (cortisol levels), self-report survey, and narrative (life story)
- Partnering with Community Consultants
- Findings from the study will be directly translational as Project Return has agreed to implement, assess, and sustainably support actual programs based on the results of the research

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